#weareFHS

# AIMING FOR AN A!

IN CLASS

OUT OF CLASS

AT HOME

**A resource to help pupils achieve their potential by supporting learning in school and at home, to stay or get back on track to reach their target grades.**

SCAN ME

#BeAmbitious

# AIMING FOR AN A!

#AMBITIOUS

#WEARE

CLICK HERE




## SUPPORTED STUDY

Please see our FHS School Website, and Show My Homework or click the link opposite to access the supported study timetable for 2025




## STRUCTURED REVISION

S5/6 pupils that are off track or not working to their potential will be invited to attend these sessions, click picture opposite for timetable. S5/6 structured revision will be held after school 11 weeks before exams begin (Mar/Apr)




## LEARNER CONVERSATIONS

Click the image opposite and here to take you to information to support families with Learner Conversations at home and how to help your child get back on track.



## STUDY ZONES

All pupils are welcome to use the study zones on a Monday and Wednesday after school. Click opposite for the timetable.

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All S4-6 pupils attended subject specific study periods during PEP to help them reach their potential in targeted subjects. Click picture opposite to access further resources to support studying at home.



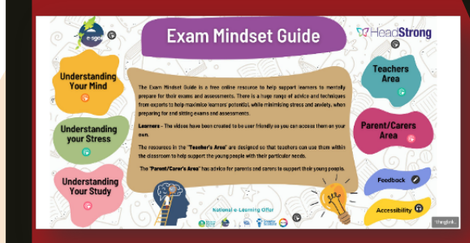

## WELLBEING SUPPORT

Preparing for exams can be a stressful time for all pupils and it is important during this time to look after your own health and wellbeing. Please click on the link opposite for support on  this and click here for our FHS supports catalogue: FHS Supports Catalogue

Mental health matters

## EXAM STRESS/ANXIETY

Mr Allan has created this presentation with the aim of helping students identify and understand stress and anxiety. This also helps students identify and understand what this can do to us physically and mentally, with some advice on how to manage this.




## EXAM MINDSET

Feeling stressed about any upcoming assessments or exams?? This resource provides strategies and support to help pupils be more positive and prepared for what lies ahead.

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SQA

## SQA EXAM TIMETABLE

Pupils will receive their own SQA Exam Timetable soon. However pupils can click the link opposite to see when their actual SQA exams will be for this session.



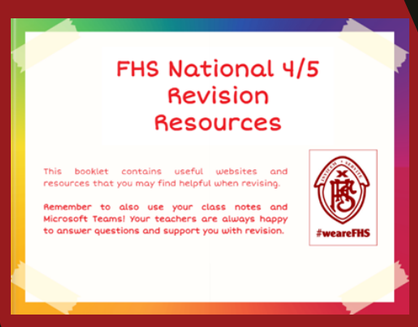

## EXAM CLINICS

These are on offer, 1 or 2 days before every SQA exam for pupils for the 2024 exam diet. The exam clinics will be led by a subject specialist and will last the entire day. More information will come out to pupil in March 2025.




## EASTER SCHOOL

Following the success of last year's Easter school sessions running virtually and in person, in school, both will be offered to pupils again this Easter. Further details and sign up for this will be shared with pupils in March 2025.




## N4/5 RESOURCES

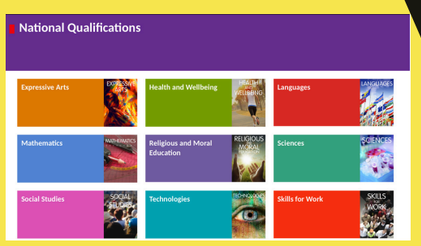
Pupils can use this resource to access lots of information to support studying at home for N4 and N5 courses.

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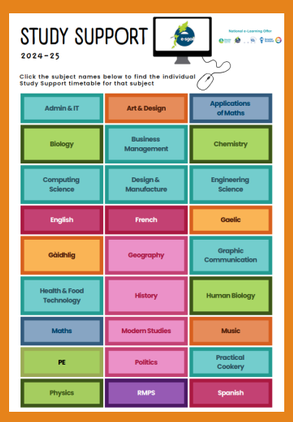
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## PLAN IT PLUS

On this website you will find a variety of information to on N5, H and AH past papers as well as progression pathways in each subject. Click picture opposite to take you to the website




## E-SGOIL SUPPORTED STUDY

This online offer  has 51 weekly evening Study Support webinars during term time, covering a wide range of subjects and levels. Study Support is for Senior Phase learners who are working towards National Qualifications. Click opposite and here for  more info.




## S4-6 LEARNING SPACES

A bank of resources, covering 25 subjects across N4 - Advanced Higher. You will need to be logged in to Glow to access some of the content




## REVISION HABITS & STRATEGIES

A study guide for pupils & parents: Retrieval Practice, Spaced Practice, exam vocab etc.

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