



FUTURE ME!

WELCOME TO
FIRST YEAR
GREAT CAREERS
START HERE...



Skills
Development
Scotland



My
World of
Work

**WHO WE
ARE...**



**IS YOUR
CAREERS
SERVICE**



**IS YOUR
CAREERS
WEBSITE**



HELLO AND WELCOME TO HIGH SCHOOL!

New classes, new teachers, new friends, finding your way around... We know it's a lot, so we're just going to take a wee bit of your time to talk careers.

We're **Skills Development Scotland** and we're Scotland's Careers Service.

We also get called **SDS** – because let's face it, Skills Development Scotland is a bit of a mouthful!

We know you've only just got here but part of school is about getting you ready for what happens when you leave.

We're the people who'll help you work out what you want to do when you leave school.

This booklet will give you a few tips to help you start thinking about your future.

In this issue:

- take a look into the future of jobs and industries
- get to know a bit more about the skills you'll need for a cracking career
- check out what celebrities share your personality type
- find out about your SDS careers adviser and how they'll help you at school.





Having a career may seem like a long way off. But while you're at school you'll have the chance to learn the skills you need to make your career a success.

We call these:

CAREER MANAGEMENT SKILLS



Your SDS careers adviser is one of the people who'll help you develop these skills.

But some of these skills you'll already have just by being you!

It sounds fancy, but it's pretty simple really. **Career Management Skills** come under four different headings:



WHO AM I? SELF

This is just about getting to know who you are, what you can do, what's the right thing for you.

WHAT AM I GOOD AT? STRENGTHS

This is about getting to know and understand what stuff you're good at. It's about your skills and how to use them in different ways.

WHAT'S OUT THERE FOR ME? HORIZONS

This is about getting to know what's out there in the world of work. It's all about understanding what jobs there are and how you can get ready for them.

WHO CAN HELP ME? NETWORKS

This is about the people around you and how they can help you to get on with your career. It's also about getting to know people who can help you and how to keep in touch with them.



IT'S ALL ABOUT YOU!

If you could describe yourself in three words, what would you say?

It might seem like a strange question but understanding more about who you really are is important.

In fact, it's one of the first steps towards deciding what your career might be in the future.

Luckily we've got an easy way to help you do just that.

GIVE IT A GO:

1

2

3

DID YOU KNOW?

There are just six types of people in the world!

Well, according to a guy called John L Holland there are. He's kind of a big deal in psychology, which is studying how the mind works. He wanted to know why we act the way we do.

He thought this could help us pick jobs that we would really enjoy and make us happier. After studying a load of people, he came up with a theory that there are six personality types.



The six personality types are:



LEADERS

People who are confident, adventurous, and like to be in charge.



ORGANISERS

People who keep everything in check and accurate.



PRACTICAL

People who love fixing, making and building things.



INVESTIGATIVE

People who always know the right questions to ask.



CREATIVE

People who have great imaginations and are great at expressing themselves.



'PEOPLE' PERSON

People who are friendly, good at communicating and working with others.



Everyone is a mix of these – for example, you could be a practical, organised leader, or a creative, investigative people person. Find out what type you are!

GO TO: [MYWORLDOFWORK.CO.UK/S1](https://myworldofwork.co.uk/s1)

Register on the site, then try the **About Me** tool. It will tell you the three personality types you match most closely. Those three words will help you understand and explain who you are.

WHICH CELEBR



**GRETA
THUNBERG**
LEADER

Greta Thunberg is a Swedish teenager and activist. She has demanded action from world leaders to do more to protect the environment and encouraged many people around the world to take part in protests.

Leader types might enjoy work which involves public speaking, management or sales... or starting their own business.



**NICOLA
ADAMS**
ORGANISER

Nicola Adams is a professional boxer and is the 2012 and 2016 Olympic gold medallist in the women's flyweight division. Top athletes like Nicola use their organisational skills to stick to a strict training regime.

Nicola uses her organisational skills in her training regime. Jobs that organisers enjoy include working with data, planning or record keeping.



**BEAR
GRYLLS**
PRACTICAL

Bear Grylls is best known for his survival knowledge and undertaking daring expeditions in his TV shows. He uses his practical skills to survive in the wilderness and deal with unexpected situations.

Practical people like working with their hands so jobs that involve working with tools, machinery, animals or plants might suit you best.

IT?!

FIND OUT WHO SHARES YOUR PERSONALITY TYPE...

HOW TO PLAY!

1. Work in pairs.
2. Pick out one of the celebrities below.
3. Describe the celebrity and their personality without saying their name or personality type.
4. Get your partner to guess which personality type and celebrity you're describing.
5. Try picking one of your favourite celebrities not on this page and decide what personality type they would be. Then, get your partner to try and guess who it is.



**STACEY
DOOLEY**
INVESTIGATIVE

Stacey Dooley is a television presenter, journalist, documentary filmmaker and writer. Stacey uses her investigative skills to dig out stories and explore issues for her documentaries and articles.

Investigative people tend to like jobs which involve thinking, research or facts and figures.



**CALVIN
HARRIS**
CREATIVE

Calvin Harris is a DJ, record producer, singer and songwriter. Calvin uses his creative skills to make new music and perform to large audiences across the world.

Creative types like to do things their way and enjoy jobs that involve design, arts, writing, music, film or performing.



DEC
'PEOPLE'
PERSON

Declan Donnelly is a television presenter and best known for being part of the duo Ant and Dec in TV shows such as Britain's Got Talent and I'm a Celebrity...Get Me Out of Here.

People persons tend to enjoy jobs which involve teaching, counselling and helping others.



BIG FUTUR

One of the best things about life today is that there are new jobs and new opportunities developing all the time.

For example, just ten years ago, jobs like app developer or social media manager didn't exist.

It's important to find out what industries and jobs are out there for you.

Here are just some of the jobs that are likely to be in demand when you leave school:



LIFE SCIENCES



SOLVING PROBLEMS FOR PEOPLE

Modern science and technology is helping us solve problems by making products from sustainable materials instead of ones that will run out.

For example **Cellucomp**, a Scottish company based in Fife have developed a way of turning CARROTS into a mega-strong material. This material is set to be used to make anything from a crash helmet to a car.

**COULD YOU BE THE NEXT:
BIOTECHNOLOGIST, GENETICIST,
FOOD SCIENTIST**



DIGITAL TECHNOLOGY

YOU LIVE IN A DIGITAL WORLD

Digital technology skills are now needed in nearly all jobs that you might go into, and thousands of employers in Scotland depend on these skills to run their business.

You might not know it, but Scotland is a science powerhouse and is home to some of the world's leading technology companies.

For example, **Skyscanner** is a travel search engine based in Edinburgh, and is used by over 50 million people worldwide every year.

COULD YOU BE THE NEXT: CODER, DESIGNER, TESTER



HEALTH CARE, CHILDCARE, SOCIAL CARE

LOOKING AFTER EACH OTHER

The **NHS** is Scotland's biggest employer, with over 140,000 staff all working towards helping Scotland stay healthy.

And there are lots of other organisations that help take care of and support people who need it most.

COULD YOU BE THE NEXT: EARLY YEARS PRACTITIONER, MIDWIFE, CLINICAL PERFUSIONIST

RE



ENERGY AND THE ENVIRONMENT

POWERING YOUR FUTURE

More and more of the power that we use comes from renewable energy sources like wind, wave and hydro.

More than half of our energy now comes from renewable sources, creating an incredible 11,000 jobs across Scotland. **Whitelee Windfarm** on the south of Glasgow is the UK's largest onshore wind farm. With over 200 turbines, it's almost the same size as Glasgow itself!

COULD YOU BE THE NEXT: ENERGY ENGINEER, CIVIL ENGINEER, ENVIRONMENTAL CONSULTANT



WE CAN HELP YOU
FIND THE RIGHT
FUTURE FOR YOU

FIND OUT MORE AT:
MYWORLDOFWORK.CO.UK/S1

When you make a journey from one place to another there are lots of different ways to travel there. Do you want to go by car, bike or take a train?

The choice is yours to make. It's the same with a career.

THE RIGHT CAREER PATH FOR YOU!



The job you end up doing might be the same as your best friend, but how you reach it might be different.

An apprenticeship, for example, is a job where you'll also get time away from work to study.

You get to work with a company in your chosen career and get paid, but you're also still learning and getting qualifications.

Or studying at college or university might be right for you. That means you'll be going to lectures, classes and tutorials.

For some careers like medicine, studying at university is the only way to get the qualifications you need.

Or going straight into a job might be what you choose.

SDS careers advisers are there to help you find the right path for you.

Remember!

Volunteering can also help you develop the skills to land your dream job. Why not start while you're still at school.

THERE ARE MORE THAN

80

DIFFERENT KINDS OF APPRENTICESHIPS

CHECK OUT [APPRENTICESHIPS.SCOT](https://www.apprenticeships.scot) AND KEEP AN EYE OUT FOR FOUNDATION APPRENTICESHIPS.



SO WHAT'S NEXT?



Depending on your school, you'll be taking subject choices either in S2 or S3.

That may seem like ages away, but stuff you do now can really help with those decisions.



Register on **myworldofwork.co.uk**. The site has tons of information and will give you hints and tips on what to look at as you move through school.



Use the **About Me** tool and start finding out more about your personality and the careers that might suit you.



Start exploring your suggested careers and the subjects you might need for the ones you like.



Try the **Subject Choices** tool. It's easy to use, and shows you what subjects would be useful for what career.



At subject choices time you'll also get to meet your **careers adviser**. Turn over to find out more about them and how they can help you.

YOUR CAREERS ADVISER



Your SDS careers adviser helps you get ready for what you'll do when you leave school.

The decisions you make while you're at school will help you bag your dream job.

SDS is your careers service and your SDS careers adviser will be there for you all through school. They'll be on hand to chat over your options when you make subject choices.

You can see them on your own, with your mum, dad, carer or a teacher – or everyone at once! If you're not sure what subjects to choose they can help you figure it out.

You can also check that you're not missing out on a subject that would be useful. Some people think careers advisers are here to tell you what to do when you leave school. Not true! And they won't say 'no' or 'you can't' either.

They will help you to think about what's best for **your future**. And they will be there all the way through school to back you up while you figure it out. On the back page of this magazine you can fill in the name of your careers adviser and where to find them in your school.

DID YOU KNOW?

Digital technology will be involved in all jobs that we do in the future.

Here's some facts about technology and how things might change.

By the year 2020 **five million jobs** will be done by robots (or 'Artificial Intelligence' if you use their fancy name).

Technology is changing so quickly that **two out of three** of you will end up doing jobs that don't even exist yet!

Over **three billion people** (that's nearly half of the whole world's population) are now connected via the internet.

Positive skills of the future will be ones robots cannot do as well as humans. **Creativity, caring for others and empathy skills** will all be in high demand!



JOB OF THE FUTURE!

Decode this 'job of the future' by using the codes hidden on the pages of this magazine.



Word one

Word two

Word three

In the next 10 years more and more of us will spend hours working, learning and playing in virtual reality. We'll need people to help design and create these virtual places!

TIME TO GET STARTED...



**My
World of
Work**

My Word of Work is your careers website which is packed full of activities, tools and tips to help you start your career journey.

Use the site regularly as you go through school. The more you tell it about yourself, the more great careers ideas you'll get for you. Get started now!



1

Register now to create your own account at myworldofwork.co.uk/S1

2

And then use the **About Me** tool to find out more about yourself

NEED TO CHAT?

Your careers adviser is and you can find them at:

About Skills Development Scotland

We are the national skills body supporting the people and businesses of Scotland to develop and apply their skills. We have fully qualified, expert careers advisers in every secondary school in Scotland, plus a network of careers centres on high streets all over the country, all dedicated to providing the help people need for the career they want. We also work with industry to deliver the very best possible outcomes for Scotland's people, businesses and the economy.